



NOAH'S ARK

Health and Wellbeing topic: Safety

These assembly scripts can work for one or two "hosts" – it is formatted so that you can either read the lines solo, or assign lines to two people... and feel free to reword the lines in ways that suit you. There are suggestions in blue dotted through the script of setting, tone and ways to film, <u>but these are only suggestions</u> – the most important things are that you are confident and relaxed as you film.

If you are having a hard time visualizing the script, please watch our video and read along to give you a clearer idea.



(If you have the capability, film an introduction scene where someone gets stuck at the top of a climbing frame, or in a tree, or any humorous situation that you can refer back to. Have someone help them down, if you can)

Have you ever felt unsafe and afraid? We all feel that way sometimes, but it can be hard to admit when we feel scared... so where no one else can see, why don't you write down a time when you felt unsafe on a bit of paper. (Pause as children have a chance to write)

What a terrible feeling, I hate feeling scared! I'm glad I have *(say a friend, or family member)* to help me when I feel afraid. If you want to, you can share what you wrote with your teacher later, or even with a friend. It might help you feel better.

There are lots of times we can feel unsafe. Maybe you felt afraid because you were stuck up high somewhere, and you don't like heights! Maybe you felt unsafe because you were going too fast on a bike, or even in a car.

Or maybe bigger events in the world made you feel a bit unsafe – like Coronavirus or the flooding after the storm the other week.

(If you have the capability, download and cut in a video from a local flood – many places in Scotland have experienced serious flooding, so this shouldn't be hard to find. Of course be sure to use a clip that won't affect any of the kids emotionally, such as of buildings falling down or any people or animals being harmed. It would be best to use something with just flood waters, or something that is clearly intended to be humorous – we used a clip of two men being saved by a tractor from a flood in Aberdeen.)

Do you remember how you felt during a thunder storm, or even a flood? I know it can make me pretty nervous... especially if I was out walking or driving in it, that can be unsafe.

(In our video we linked the flooding to the idea of floating and cut to a short silly game here called "Will It Float?!", putting different items into a clear bowl to see if they would float. Feel free to also make this link and copy the game, or use our clip if you think it appropriate. Otherwise you can go straight to the story.)

But did you know there's a <u>really</u> famous Bible story about a flood?

It's about a big boat and a guy named... Nick? (*Pause, as if trying to remember*) Nolan? Norbert... do any of you remember his name? (*asking children*)

(Pause as if hearing or remembering) Oh yeah, NOAH. Noah's Ark! Let's hear that story, it's a cracker.



Bible Story: Noah / Genesis 7 – tell the Bible story in a creative way, ideally using water! You could also read from a children's storybook bible, using pictures or graphics, drawing the story with a voiceover, acting it out, using puppets or toys. You could read directly from Genesis, or retell the Noah account in your own words. Whatever you do, make it dynamic, and try to tell the story in under five minutes. Feel free to cut and use our story telling clip if you like.



Noah and his family must have felt REALLY scared in that flood!

That would be so much worse than being stuck up a climbing frame. Even worse than being stuck in a flood here in Scotland! And they didn't have <u>anyone</u> to help them... I guess they had a boat and a dove...

(Slight thoughtful pause) But actually Noah and his family <u>did</u> have someone's help, someone to save them... God!

Really it was God who saved Noah and his family from that terrible flood... not the boat or the dove! Come to think of it, maybe they didn't feel too scared after all, if they really believed God was with them.

(Slight pause) ... Well, I bet they still felt at least a little scared! You know, whenever we feel unsafe, even if it's only a teeny tiny bit, we don't need to go through it alone either. We all need friends and family to help us... and Christians believe that <u>God</u> is always there when we feel unsafe.

The story makes me think of the rainbows that everyone was putting in their windows during lockdown. Maybe you made one too... seeing those rainbows always reminded me that although things weren't normal, I wasn't alone.



Activity/challenge – natural rainbow - making a rainbow from natural objects. This has links to outdoor learning, which is popular in schools now. Try to film yourself outside for this final scene.

This week, your challenge is to make a rainbow from all-natural objects... things you find outside! Here's a rainbow I made before entirely from (pinecones? stones? leaves?). As you make your rainbow, think about how amazing it is that from Bible times, all the way to Scotland today, the rainbow has been a symbol of hope and happiness. I know I feel happy every time I see one!

But the even bigger challenge today is that if you have something or even <u>someone</u> who's making you feel unsafe – remember you're not alone. You should talk to an adult, like your teacher. Or you can tell a friend.

And as a Christian, I believe you can also talk to God about it, and that God will be right there with you, no matter what.

